



Finding Your Inner Authority

Sunday, September 17, 2006, 10 AM-5 PM

Presented by Catherine Nelson, Ph.D

Health Works Institute, 111 S. Grand Ave., Bozeman

Who is your authority on what is best for you? Who is your authority on matters of relationship? Are you connected with your own inner guidance? Have you sometimes ignored your own intuition much to your regret? Do you own your inner power of knowing or do you betray yourself time and time again? Come and learn how to more fully represent yourself in those parts of your life where you want to be able to access your inner authority. All of these questions and more will be explored in this exciting aspect of personal development.

This workshop is an introduction to the Pathwork, a spiritual and psychological paradigm on how to be in life. We all have the ability and the power to change ourselves, and to change our relationship to others and to life events. There will be different experiential exercises to help you learn how to develop a healthier relationship with your inner authority and with external authority too. We will be working with a Pathwork Lecture on "Authority" and discuss the concepts of self-empowerment. The workshop fee is \$80 if paid by Sept. 8; thereafter the fee is \$90.

Catherine Nelson, Ph.D. is a Certified Pathwork Helper with a private practice in counseling and healing for in Bozeman. Dr. Nelson has started the **Rocky Mountain Pathwork** in Montana and she offers workshops in Kalispell, Missoula, Helena, and most recently, in Billings. She is a graduate and current faculty member of the Barbara Brennan School of Healing in Miami, the only licensed school of healing in the United States. Dr. Nelson has led weekend retreats for the Great Lakes Pathwork Program in Michigan, and she has led many workshops in the past twenty years on healing and personal process. Her website is www.RockyMtnPathwork.org. She is also trained in other healing modalities such as Kinesiology, Shiatsu, Reiki, Mari-El, Kabbalistic healing, TTouch for animals, and Cranial Sacral therapy. For more information you can call 585-8025 or E-mail: cnhobbit@aol.com.

Registration for *Finding Your Inner Authority*

Name _____ Phone _____

Address _____ Zip Code _____

E-mail: _____

Enclosed is: \$80 by Sept. 8 \$90 thereafter

I understand the money is not refundable.

Make your check to "Catherine Nelson," and mail to 1002-H Boylan Rd, Bozeman, MT 59715.